



VIRGINIA'S **MOST EXPERIENCED**
INTERVENTIONAL PAIN SPECIALISTS
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VIRGINIA'S ***MOST EXPERIENCED*** PAIN MEDICINE SPECIALISTS
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Comprehensive, Compassionate Care
MEET YOUR RICHMOND PAIN MANAGEMENT EXPERTS

Our board certified physicians, Drs. John M. Barsanti and Stephen P. Long, are well known in the community for their extensive use of low intervention techniques and procedures. With a combined experience of over 35 years of clinical experience in diagnosing and effectively treating pain, you know that you are in good hands.



[Dr. John M. Barsanti](#)



[Dr. Stephen P. Long](#)



A Unique Approach To Pain

OUR INTERVENTIONAL PAIN SERVICES

The team at Commonwealth Spine and Pain Specialists is dedicated to helping you find the most appropriate treatments for your pain condition or sports injury. Our board certified pain management physicians utilize both traditional and complementary treatments, and therapies, to decrease pain—caused by injury, cancer, or other chronic or acute ailments—and improve overall function.

- Diagnostic Consultations
- Epidural Injections
- Facet Joint Injections
- Peripheral Nerve Block
- Radio Frequency Ablation

- SI joint injection
- Selective Nerve Block
- Spinal Cord Stimulator
- Medial Branch Block
- Trigger Point Injections

We Can Help

WHAT TYPE OF PAIN ARE YOU EXPERIENCING?

- **Neck**
- **Back**
- **Arm**
- **Sciatica**
- **Other**

- **Neck**

NECK PAIN TREATMENT

Neck pain can occur from the top of your shoulders to the bottom of your head. Neck pain symptoms may be mild to severe and may limit your range of motion.

There are a number of pain management treatment options that help reduce neck pain available at our practice.

Whether your chronic neck and shoulder pain is the result of an injury, pinched nerves or an underlying spinal condition, our physicians will develop a treatment plan designed to increase the quality of your life.

- **Back**

BACK PAIN TREATMENT

Back pain symptoms may include feelings of muscle ache, stabbing or shooting pain, stiff or limited flexibility in the back or lower back, inability to stand with proper posture and radiating pain down one or both legs.

Over 80% of Americans will experience back pain at some point in their lives. With so many of us struggling with back pain, it is no surprise that this debilitating condition is the #2 cause for people to miss work. Fortunately, the physicians at Commonwealth Spine and Pain Specialists successfully treat hundreds of patients suffering from back pain using minimally invasive techniques.

- **Arm**

RADIATING ARM PAIN TREATMENT

If you are experiencing pain radiating down your arm, the source of your arm pain may be from another area altogether, such as the neck. Our physicians will work to determine the root cause through a detailed medical history and evaluation.

- **Sciatica**

SCIATICA PAIN TREATMENT

Sciatica is a set of symptoms including pain that may be caused by general compression or irritation of one of five spinal nerve roots that give rise to each sciatic nerve, or by compression or irritation of the left, right or both sciatic nerves. The pain is felt in the lower back, buttock or various parts of the leg and foot.

Treatment for sciatica or sciatic symptoms often differs depending upon the underlying cause of the symptoms and pain levels. Our pain management experts can help you get back to the pain free life you deserve.

- **Other**

COMMONWEALTH SPINE & PAIN SPECIALISTS

We understand that discomfort can be felt in any area of the body, not just your neck, head, back, arms, or legs. No matter where your pain is, we are here to help. The goal of pain management is to improve function, enabling individuals to work, attend school and participate in life's daily activities that many of us take for granted. We strive to deliver the most advanced, minimally invasive, diagnostic and therapeutic services to enable our patients to restore function, relieve pain and renew hope.

[LEARN MORE ABOUT THE CONDITIONS WE TREAT](#)

Our Patients Say It Best

RAVE REVIEWS FOR YOUR RICHMOND PAIN SPECIALISTS

"This practice is exceptional. The team is welcoming and professional. Bedside manner is unparalleled. Everything exceeded my expectation. I highly recommend to anyone

facing pain.”

Elenor

“I found the experience to be excellent. Dr. Barsanti was friendly and concerned. He exuded thorough competence. The staff were all happy and helpful, which speaks well for a medical practice. Overall it was one of the best outpatient experiences I have had.”

Leo

“The entire team is friendly, caring , and professional. My experience reflects a genuine care in their patients through professionalism and service . Thank you all for your help through this process.”

TG

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Congratulations to Drs. Barsanti and Long for being chosen by their peers as Top Doctors by [Richmond Magazine](#) and [VAtopdocs.com!](#)

[meet our award winning doctors](#)

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HOURS

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8am-4:30pm